



CITY OF MERIDIAN

MEDIA ADVISORY: September 19, 2016

CONTACT: Kaycee Emery, 208-489-0538 or kemery@meridiancity.org

MADC'S RECOVERY DAY BREAKFAST TO FEATURE "I AM ADAM LANZA'S MOM" BLOG POST AUTHOR AND SON

WHEN: Tuesday, Sept. 20, 8:00 a.m. – 9:00 a.m.

WHAT: Meridian Anti-Drug Coalition Recovery Day Breakfast – 11th annual event held during the month of September that is National Recovery Month.

WHERE: Public Safety Training Center, 1223 E. Watertower St., Meridian, Idaho 83642

WHO: Presenters include Meridian Mayor Tammy de Weerd, City of Meridian, Kendall Nagy, Meridian Anti-Drug Coalition Director, and Liza Long and Eric Walton

Following the Sandy Hook Elementary School massacre in December 2012, Liza Long wrote a blog post titled "I am Adam Lanza's Mother" that went viral. She wasn't Lanza's mom, but her post was about raising her son who has a mental disorder. Now, Liza and her son, Eric, are speaking about the importance of removing the stigma of mental illness. They will share their personal journeys through mental illness and the recovery process for the whole family.

###

The City of Meridian is located in the heart of the Treasure Valley in southwest Idaho. Founded in 1893 and incorporated as a city in 1903, Meridian is one of Idaho's largest and fastest growing communities. 24/7 Wall Street named Meridian the *Number One Place to Live in America*. America's Promise Alliance/ING recognized the city as one of the nation's *100 Best Communities for Young People*. For more information, visit www.meridiancity.org.